

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Snack</b> (9:00am – 9:30am)	Cereal with Fruit  Milk	Homemade Pumpkin Seed Muffins with Cantaloupe  Milk	Mini Breakfast Quiches  Milk	Hard Boiled Eggs with Cucumbers  Milk	Homemade Crepe Rollups with Berries  Milk
<b>Lunch</b> (11:30am – 12:00pm)	Wow Butter and Jam Sandwiches with Carrots  Milk	Beef Stroganoff with Broccoli  Milk	Vegetable Risotto  Milk	Chicken Sliders with Carrots  Milk	Cauliflower Korma  Milk
<b>Afternoon Snack</b> (3:00m – 3:30am)	Homemade Blueberry Date Bars with Bananas  Water	Homemade Soft Pretzels with Celery Sticks  Water	Homemade Banana Pudding with Strawberries  Water	Homemade Frozen Yogurt and Fruit Bark  Water	Homemade Tzatziki Dip with Cucumbers and Pita Chips  Water